INTERNATIONAL STUDENTS’ GUIDE

University of Teramo
A world around you!

International Relations Office
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Welcome to the University of Teramo

Dear Student,
I’m pleased to welcome you to Teramo.
Our University community involved in the International programs of mobility is ready to help you on your intellectual journey finalized to open the mind of all of us. The booklet aims to give a support to you in order to make your stay in our University as pleasant as possible.

Luciano D’Amico, Rector
The Abruzzo Region is situated in the centre of Italy. The coast, overlooking the Adriatic Sea, is 129 km long and stretches from the Tronto River (in the north) to the Trigno River (in the south). Inland, the region is mainly mountainous and covers a territory of 10.947 sq km.

Although there are no plains on the coast, a few can be found in the inner areas, such as the Fucino plain ("Piana del Fucino") which was obtained through the draining of a lake with the same name. The Province of L’Aquila is mainly mountainous, while hills prevail in the Province of Chieti. Pescara and Teramo, instead, show both mountains and hills.

The main city of the Abruzzo Region is L’Aquila, although Pescara is the financial and administrative heart of the area and also its most populated city. Pescara was founded in 1927 after the union of Castellammare Adriatico and Pescara. It is now a distinctly modern city with a new railway station, an airport and one of the largest and most important marinas of the Mediterranean Sea.

Defined as “Europe’s Green Region” for its beautiful parks and natural reserves, Abruzzo is also rich in history and art and is famous for its culinary specialities. The most important development areas are situated in the valleys of L’Aquila, Sulmona and Avezzano. Particularly in the inner parts of the region temperatures can be
very low during the winter, falling below zero at higher altitudes, but they are relatively warm during the summer, rising significantly near the coast.

**The town of Teramo**

During the Roman Empire the town of Teramo was called “Interamnia Urbs” (meaning “the city between two rivers”) and was both a colony and a municipality. Under Emperor Augustus and then Emperor Hadrian, Teramo lived its golden age, as evidenced by the presence of temples, baths, an amphitheatre and a wide range of other monuments that are now buried under the new town.

After a long period of prosperity the Roman city was destroyed in 410 by the Visigoths of Alaric I, and this caused its decline. Later on, under the Longobards, it was annexed as a county to the Duchy of Spoleto. Norman and Angevin rulers followed until the mid-15th century, when the town became part of the Kingdom of Naples. Following the Austrian occupation during the War of the Spanish Succession (1701-1714) and a brief period of French rule in 1798, Teramo shared the vicissitudes of the Kingdom of Naples until 1860, when, together with the rest of Abruzzo, it became part of the newly established nation of Italy.

Today Teramo is an important agricultural and economic centre with a number of small and medium-sized enterprises. It is also a lively touristic attraction, thanks to its strategic “mid-way” position, only 20 km away from both the mountains – some of the most spectacular snow-capped peaks of the Central Apennine chain – and the seaside – 50 km of splendid golden-sand
beaches and non-polluted waters. Once in Teramo, you might enjoy visiting the Gran Sasso mountain, with its skiing facilities and snow parks, as well as the beaches of Giulianova, Roseto degli Abruzzi, Tortoreto, Alba Adriatica. Both can be reached by bus (www.arpaonline.it); but trains are also available for the seaside (www.trenitalia.it).

Also a touristic attraction and a historic place, the town centre offers a number of worth visiting monuments and archaeological sites. A short list cannot but include the following:

**The Cathedral**

Situated in Teramo main square, Piazza Martiri della Libertà, the Cathedral (photo on the left), which was built in 1158, is the most important monument of the town. Its aisles are divided from the central nave by round columns and pillars. Works such as the “Palio d’argento” by Nicola da Guardiagrele and the polyptych of Saint Agostino (15th century) by Jacobello del Fiore, together with some frescoes dating back to the 15th century are noteworthy. The bell tower, also completed by Antonio da Lodi in the 15th century, stands next to the Cathedral.

**The Roman Theatre**

The Roman Theatre (photo on the next page), whose ruins occupy a wide area of the town centre, dates back approximately to 30 B.C. Its 78 meters diameter tiers are made of travertine and are supported by twenty arches. They seated approximately 3,000 people. The remains of the Amphitheatre, dating back to the 13th century, are also visible on the right.
The Ancient Cathedral of Sant’Anna
In the former town centre the ruins of the ancient cathedral ‘Sancta Maria Interamnensis’ (photo on the next page), today known as Sant’Anna, can be visited. Built during the Byzantine Age and renovated in the 12th century, it was burned down by the Normans in 1155. However, some Romanesque arches, a presbytery with Roman remains, and a three pane window with marble columns (‘trifora’) are still visible. In the nearby square a Roman bastion dating back to the 2nd century B.C. is also note of worthy; known as “Torre Bruciata” (burnt down tower), it is surrounded by several liberty style buildings. Next to Sant’Anna, a number of homes dating back to the Roman period have been discovered and recently opened to the public as part of an archaeological “walking tour”. Also opened to the public a short time ago, the Domus Leone, next to Sant’Anna, is an ancient building dating back to the 1st century and containing an outstanding mosaic.
In Sant’Anna’s square (Piazza Sant’Anna), other noteworthy monuments include Sant’Antonio’s Church – built in 1227 according to the legend of San Francesco d’Assisi – with its beautiful Romanesque portal; the Convent of San Giovanni with its lovely cloister; the 14th-century buildings of the Palazzo Vescovile and of the town hall La Loggia; San Domenico’s Church and Casa Capuani (Capuani residence).

The Sanctuary of the Madonna delle Grazie
Built in 1153, it is situated outside the city centre, near a beautiful park. It is part of a Franciscan monastery that was founded
around the middle of the 4th century. Numerous conservation interventions have been made so far, also to its bell tower. Inside, the church shows wonderful frescoes and a wooden statue of the Virgin dating back to the 15th century. A peculiar cloister is also present.

The Della Monica Castle
This beautiful nineteenth century castle (photo on the next page), with its towers and battlements, was built in medieval style by Gennaro Della Monica.

The Astronomical Observatory
On the top of one of the many hills surrounding the city, the Astronomical Observatory of Collurania still contains the scientific instruments bought by its founder, Vincenzo Cerulli, in 1917. The scientists today employed in the observatory study stellar astrophysics. Two projects in co-operation with the University of Teramo are currently under way.

In the suburbs
In the suburban area of the town, the most beautiful Romanic monument, showing the influence of Apulian art and a series of noteworthy frescoes, is Santa Maria di Ronzano in Castel Castagna; in the town of Atri, the Cathedral of Santa Maria is of great interest, with its marvellous Romanic structures and its splendid frescoes by Andrea De Litio; at the foot of the Gran Sasso, not far from the village of Isola, the Sanctuary of San Gabriele Dell’Addolorata (Patron Saint of the Abruzzo Region) is visited by mil-
Teramo and its surroundings

Lions of visitors all year round. Next to the small old church, a large modern building, capable of housing 10,000 worshippers, was built in 1970. The sanctuary also annually hosts important religious events such as the International Festival of Sacred Art. 

For more information about other places to visit, please visit the website: www.teramoculturale.it

Museums

Museo archeologico (Archaeological museum)
Via Delfico 30 – Phone: +39 0861 247772

Opening hours in winter
Tuesday/Saturday from 9.00 to 13.00 and from 16.00 to 19.00
Sundays and holidays from 10.00 to 13.00 and from 17.00 to 21.00

Opening hours in summer
Tuesday/Sunday from 10.00 to 13.00 and from 17.00 to 21.00
Closed on Mondays

Pinacoteca (Picture gallery)
Viale G. Bovio – Phone: +39 0861 247772

Opening hours in winter
Tuesday/Saturday from 9.00 to 13.00 and from 16.00 to 19.00
Sundays and holidays from 10.00 to 13.00 and from 16.00 to 19.00

Opening hours in summer
Tuesday/Sunday from 10.00 to 13.00 and from 17.00 to 21.00
Closed on Mondays

For information about other interesting museums in Teramo, please visit the website: www.teramomusei.it
Gastronomy

Eating in Teramo means embarking upon the discovery of a unique gastronomic culture in which every dish has its history and its tradition. In fact, setting out in search of local tastes, typical dishes and culinary traditions in a town like Teramo means becoming a real researcher, delving into a new field of study. What one is asked to do when beginning the quest for Abruzzo’s flavours is to approach the local cuisine with the attentive eye of one who wants to ‘taste’ and not to devour, to ‘understand’ and not to merely see, to fill his ‘soul’, not just his ‘stomach’. Typical dishes include the Scrippelle (similar to French crêpes, but without milk), the Mazzarelle (lamb’s lungs and innards), the Pallottine (tiny meatballs), and the Virtù, a special vegetable soup cooked every year in May (photo on the left).

Events

‘Interamnia’ Handball World Cup

This international sports event has been taking place in the first days of July since 1972. Teams from all continents participate in the competition. Matches are played all day long, while, at nights, stands are aligned along the streets to offer visitors typical food and drinks from the Abruzzo region. For more information visit Interamnia’s website at the following address: www.interamniaworldcup.com

Oh, Jazz be good!

Every summer, and in the last years in winter too, the festival “Oh, Jazz be good!” has taken place in Mosciano Sant’Angelo (a
village near Teramo): five days of free jazz concerts played by famous national and international jazz artists. 
*For more information visit Oh, Jazz be good!’s website at the following address: www.ohjazzbegood.org*

**Teramo Comix**
The first festival of comics in Abruzzo, Teramo Comix started in Teramo in 1992. Since then it has hosted the greatest contemporary cartoonists and illustrators, together with the most important comics publishing houses. 
*For more information visit Teramo Comix’s website at the following address: www.teramocomix.it*

**MaggioFest**
Each spring (precisely in May) Teramo is capable of offering not only days full of sunshine, perfumes and colours but also exciting cultural events including art and cinema shows, dance, live music and theatrical performances. 
*For more information visit Maggio Fest’s website at the following address: www.maggiofesteggiante.it*

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**The Italian University System (DM 509/1999 and DM 270/2004)**
Since 1999, Italian university studies have been fully reformed so as to meet the purposes of the "Bologna process". The university system is now organized into 3 cycles: the 1st cycle degree (the Laurea) grants access to the 2nd cycle degree (the Laurea Specialistica/Magistrale). This 2nd cycle main degree gives access to the 3rd cycle doctorate programmes, resulting in the degree called Dottorato di Ricerca. In addition to the mentioned degree sequence, the Italian University system offers other degree programmes and related degrees both within the 2nd and the 3rd cycle.

**First cycle**
Undergraduate studies consist in 1st-level degree courses (Corsi di Laurea, hereinafter referred to as CL) aimed at guaranteeing undergraduate students an adequate command of general scientific methods and contents as well as specific professional skills. General access requirement is the Italian school leaving qualification (the so-called Diploma di Superamento dell'Esame di Stato conclusivo dei corsi di Istruzione Secondaria Superiore, commonly known as the Maturità), awarded on passing the relevant State examinations, after completion of 13 years of global schooling; foreign comparable qualifications may be accepted as well.
Admission to individual degree courses may be subject to specific course requirements. First degree courses last 3 years. The Laurea (hereinafter referred to as L, 1st cycle degree or bachelor-level in accordance with the Bologna process) is awarded to undergraduates who have earned 180 ECTS credits. The L allows participation in competitive exams in order to obtain public sector employment, transition to the labour market, as well as access to regulated professions; it also grants access to all the 2nd cycle degree programmes.

Second cycle
Postgraduate studies include A) Corsi di Laurea Specialistica/Corsi di Laurea Magistrale, hereinafter referred to as CLS/CLM; B) Corsi di Master Universitario di 1° livello, hereinafter referred to as CMU1.

A) CLS/CLM are aimed at providing postgraduates with an advanced level of education for the exercise of a highly qualified activity in specific areas. Prior to the access to CLS/CLM students must hold the Italian 1st cycle degree (L) or a foreign equivalent degree; admission is subject to specific course requirements determined by individual universities; the regular length of such CLS/CLM, amounting to 120 credits (ECTS), is 2 academic years. The final degree, Laurea Specialistica (LS)/Magistrale (LM) (master’s degree according to the Bologna process), is awarded to those graduates who, once satisfied all curricular requirements, have also presented an original dissertation during a final degree examination. The change of the degree name from Laurea Specialistica into Laurea Magistrale was agreed upon in 2004. Some CLS/CLM – namely those leading to professions regulated by certain EU sectoral directives (i.e. in Medicine, Veterinary Medicine, Dentistry, Pharmacy and Architecture), are called "single cycle degrees" (Corsi di Laurea Specialistica/Magistrale a ciclo unico, hereinafter referred to as CLSU/CLMU); they differ from most usual CLS/CLM in the following features: prior to the access students must hold the Italian high school leaving diploma or a foreign equivalent qualification; admission always depends on an entrance exam; curricula the regular length of such CLS/CLM, amounting to 300-360 credits (ECTS), is 5-6 academic years (currently, only the CLSU/CLMU in Medicine have a length of 6 years). All LS/LM and LSU/LMU allow participation in competitive exams in order to obtain public sector employment, transition to the labour market, as well as access to regulated professions; they also grant access to research doctorate programmes as well as to all the other 3rd cycle degree courses.

B) CMU1 consist in postgraduate training courses or lifelong vocational training courses, open to the holders of a Laurea-L or a foreign equivalent degree; admission may be subject to further requirements. The minimum length of such CMU1 is 1 year. The 1st level university master degree (Master Universitario di 1° livello, hereinafter referred to as MU1) is awarded to graduates who have earned 60 credits at least. The MU1 does not give access to DR programmes nor to other 3rd cycle degree courses.
Third cycle

3rd cycle studies consist in the following typologies of degree courses: A) research doctorate programmes (Corsi di Dottorato di Ricerca – hereinafter referred to as CDR); B) specialisation courses (Corsi di Specializzazione – hereinafter referred to as CS); C) 2nd level university master courses (Corsi di Master Universitario di 2° livello – hereinafter referred to as CMU2).

A) CDR aim at training postgraduates for very advanced scientific research or for very high-level professional skills; they may envisage specific teaching/learning methodologies, such as the use of updated technologies, study periods abroad, apprenticeship in research facilities. Prior to the access to CDR students must hold an Italian 2nd level degree (LS/LM) or a foreign equivalent degree; admission is subject to the passing of a competitive examination; the minimum length of such CRD is 3 years; the drawing up of an original dissertation is necessary for the awarding of the 3rd level degree known as research doctorate (Dottorato di Ricerca – hereinafter referred to as DR); the corresponding personal title is Research Doctor (Dottore di Ricerca).

B) CS aim at providing postgraduates with knowledge and abilities as requested in the practice of highly qualifying professions, particularly within the area of medical, clinical and surgical specialties, though CS have been also established for the advanced education and professional training in other contexts. CS may be established exclusively pursuant to specific Italian laws or EU directives. Prior to the access to CDR, students must hold an LS/LM or a foreign equivalent degree; admission is subject to the passing of a competitive examination; course length varies: it is minimum 2 years, amounting to 120 credits (ECTS) at least. The final degree, known as Specialisation Diploma (Diploma di Specializzazione, hereinafter referred to as DS) – gives the right to the title of Specialist (Specialista).

C) CMU2 consist in postgraduate training courses or lifelong vocational training courses, open to the holders of an LS or a foreign equivalent degree; admission may be subject to further requirements. The minimum length of such CMU1 is 1 year. The 2nd level university master degree (Master Universitario di 2° livello, hereinafter referred to as MU2) is awarded to postgraduates who have earned 60 credits at least.

Credits

Degree courses are structured into credits (crediti formativi universitari – hereinafter referred to as CFU). A university credit corresponds to 25 hours of work per student, including time for personal study. The average annual workload of a full time student is conventionally fixed at 60 credits/year.

Degree Courses’ Classes

All CL and CLS/CLM – including single cycle degree courses – sharing the same educational aims and the same fundamental type of teaching/learning activities are organized into degree courses’ classes (classi di appartenenza). The teaching/learning content of each degree course is autonomously determined by each university; however, when establishing a CL or a CLS/CLM, individual in-
Degree grade
The highest grade is 110/110, but outstanding achievements may be awarded cum laude (110 e lode).

Academic Calendar
The academic year is divided into two semesters.
First semester:
from the beginning of October to mid-February (exams included).
Second semester:
from mid-February to the end of September (exams included).
The starting and ending dates of the semesters may vary in the different Faculties, but the lessons in each semester last around 12 weeks.
Listed below are the main holidays in Italy when the University is closed.
• 1 November (All Saints)
• 8 December (Immaculate Conception)
• 19 December (San Berardo, Patron Saint of Teramo)
• 23 December – 6 January (Christmas holidays)
• From Thursday before Easter to the following Tuesday (Easter holidays)
• 25 April (Liberation Day)
• 1 May (Labour Day)
• 2 June (Republic Day)
• 1-31 August (Summer holidays)
The University of Teramo, established in 1993, has been expanding and consolidating in the years. It now comprises the Faculties of Law, Political Sciences, Communication Sciences, Veterinary Medicine, and Biosciences, Agro-food and Environmental Technologies, and offers a wide range of graduate and postgraduate courses.

The scientific (agricultural-biological-veterinary) sector, in particular, has become a strong reference point not only for the Abruzzo Region but for the rest of central Italy and the Adriatic Coast as well. Thanks to conspicuous investments in scientific research, innovation has become the core of leading national and international projects.

Advanced communication technologies and artistic projects are also a flagship of our university. Suffice it to mention the multimedia lab for television and radio production, and the music and theatre lab. A university language centre is also an outstanding resource for exchange and internationalization programmes.
Faculties and Degree Programmes

Facoltà di Giurisprudenza (Law)
First cycle degree/Bachelor - 3 years
• Servizi giuridici (Legal services)
Single cycle degree/Combined Bachelor and Master - 5 years
• Giurisprudenza (Law)
Contacts: Campus Coste Sant’Agostino – 64100 Teramo
📞 +39 0861 266690/91/93 📧 spresgiu@unite.it

Facoltà di Scienze politiche (Political Sciences)
First cycle degree/Bachelor - 3 years
• Scienze politiche (Political sciences)
Second cycle degree/Two year Master - 2 years
• Scienze politiche internazionali e delle amministrazioni
  (International and public administrations political sciences)
Interfaculty first cycle degree/Bachelor - 3 years
• Economia (Economics)
• Scienze del turismo (Tourism management)
Interfaculty second cycle degree/Two year Master - 2 years
• Finanza delle aziende e dei mercati
  (Corporate and markets finance)
Contacts: Campus Coste Sant’Agostino – 64100 Teramo
📞 +39 0861 266002/05 📧 sprespol@unite.it

Teaching Activities Manager
Maria Laura Terzini
📞 +39 0861 266015
📧 managerdidatticoscom@unite.it

Facoltà di Scienze della Comunicazione
(Communication Sciences)
First cycle degree/Bachelor - 3 years
• Scienze della comunicazione (Communication sciences)
Second Cycle Degree/Two year Master - 2 years
• Management e comunicazione d’impresa
  (Business communication and management)
Interfaculty first cycle degree/Bachelor - 3 years
• Economia (Economics)
• Scienze del turismo (Tourism management)
Interfaculty second cycle degree/Two year Master - 2 years
• Finanza delle aziende e dei mercati
  (Corporate and markets finance)
Contacts: Campus Coste Sant’Agostino – 64100 Teramo
📞 +39 0861 266014/20 📧 prescom@unite.it

Teaching Activities Manager
Nadia Gatti
📞 +39 0861 266017
📧 managerdidatticoscom@unite.it
Laurea interateneo in Biotecnologie della riproduzione
(Animal Reproduction Biotechnologies)
University of Teramo / University of Chieti-Pescara
Second cycle degree/Two year Master - 2 years
• Biotecnologie della riproduzione
  (Biotechnologies of Reproduction)
CONTACTS: Luisa Gioia
☎️ +39 0861 266857
✉️ segifv@unite.it

Specialisation Schools
• Professioni legali (Legal professions)
• Diritto amministrativo e scienza dell’amministrazione
  (Administrative law and sciences)
• Ispezione degli alimenti di origine animale
  (Inspection of food of animal origin)
• Medicina e chirurgia del cavallo (Equine medicine and surgery)
• Sanità animale, allevamento e produzione zootecniche
  (Animal welfare, breeding and production technologies)
• Fisiopatologia della riproduzione degli animali domestici
  (Physiopathology of domestic animals reproduction)
• Alimentazione animale (Animal feed)
Beyond the above mentioned University facilities, other libraries are also available:

**Provincial Library “Melchiorre Delfico”**
via Melchiorre Delfico 16 - 64100 Teramo
📞 +39 0861 252744
*Opening hours:* Monday-Tuesday 8:30-14:00 / 15:00-19:00
Wednesday-Saturday 8:30-14:00.

**Library of the Istituto Zooprofilattico Sperimentale “G. Caporale”**
Via Campo Boario - 64100 Teramo
📞 +39 0861 3321 – website: www.izs.it

**Library of the Astronomical observatory “V. Cerulli”**
via M. Maggini - Collurania - 64100 Teramo
📞 +39 0861 439735
If you are planning to spend a period of time abroad for study, research or training purposes, the University of Teramo can offer you a wide range of opportunities to invest in your future and develop your talents and skills. Various internationally recognised and accredited programmes are provided:

- LLP/Erasmus (Study and Placement)
- Studdex
- Internazionalization projects
- Internships

The LLP/Erasmus Programmes (Study and Placement)
The LLP/Erasmus Programmes were started in our university in 1994 in order to improve the co-operation with universities from all over Europe, to support students and teaching staff mobility, and to boost the development of joint programmes (both educational and professional) and courses.

Within the Erasmus programme (mainly Study), thousands of foreign (incoming) students have attended our university so far. Teramo organises an Erasmus Welcome Day for them each semester. During the event students receive useful information about academic life and all the services offered by the University. It is also an opportunity to meet the Erasmus Institutional Coordinator, the Erasmus staff, and members of the ESN (Erasmus Student Network).
Student mobility and Exchange Programmes

Incoming students enjoy a wide range of services such as guidance and tutoring, info and reception, Italian language courses (provided by the language centre), access to canteens, cafeteria, libraries, sporting facilities (CUS), cultural centres, technological facilities and more.

Admission requirements
- **Official nomination** from home university (a communication from your university, informing us that you have been selected to spend an Erasmus period at our University) to gcacciatore@unite.it
- **Application form and Learning agreement** for the LLP/Erasmus Programme, available on the LLP Manager webpage http://unite.llpmanager.it/incoming/default.asp.

No application will be accepted without a prior nomination from your Home university.

Please note our application deadlines for incoming students:
- First semester ........ 30 July
- Second semester .... 30 November

Before leaving to Teramo, students have to fill in the forms required and send them to the Ufficio Relazioni Internazionali (International Relations Office).

Health insurance form
All Erasmus students are requested to have appropriate health insurance. EU citizens must travel to Italy with their European Health Insurance Card. The European Health Insurance Card, replacing paper forms such as the E111 or E106, gives access to medically necessary, state-provided healthcare during a temporary stay in any of the 27 EU countries, Iceland, Lichtenstein, Norway and Switzerland.

Students coming from non-EU countries are strongly recommended to verify if there are any agreements between their country’s National Health Service and the Italian one; in case there is none,
Student mobility and Exchange Programmes

On departure
Before leaving, don’t forget to contact your tutor (the Erasmus coordinator of the Faculty you registered to) and bring him/her your Transcript of records in order to have it signed and sent to the Institutional coordinator. After that, you will have to visit the International Relations Office in order to collect:
• your final Transcript of records (signed by both the Faculty coordinator and the Institutional coordinator);
• your Certificate of Attendance (as well as other possible documents).

Institutional coordinator
Prof. Maria Cristina Giannini
☎ +39 0861 266626 (fax 266619) ✉ mcgiannini@unite.it

Student mobility and Exchange Programmes

they must get hold of an insurance policy to be translated and certified by the Italian Diplomatic Representative abroad. For more information on how to obtain a EHIC, please visit the European Health Insurance Card website at http://ec.europa.eu/social/main.jsp?catId=559&langId=en

Upon arrival in Teramo
Please note that it is absolutely necessary to register as Erasmus student on your arrival in Teramo (Ufficio Relazioni Internazionali - International Relations office) to be officially registered and in order to activate your registration number (matricola). Using your registration number, you can enrol in the exams. Necessary documents:
• Two passport-size photos
• Passport or Identity Card
• Statement from home university
• Application form and Learning agreement
• Tax code (codice fiscale)

Please note that the Tax code (codice fiscale) is needed to sign any contract (e.g., to rent a room, to open a bank account or to get a sim card for mobile phones) and to get your registration number (matricola).
The Tax code is issued by the local tax office (Agenzia delle entrate). Students have to fill in the necessary forms and hand them to:
Agenzia delle Entrate - Largo Madonna delle Grazie - 64100 Teramo
☎ +39 0861 25771 ✉ dp.teramo@agenziaentrate.it
Website: http://www1.agenziaentrate.it/indirizzi/agenzia/uffici_locali/lista.htm?m=2&pr=TE
International Relations Office
Campus di Coste Sant’Agostino – 64100 Teramo
Opening hours: Monday to Friday 10:30-12:30.

- Giovanna Cacciatore, Office manager
  ☎️ +39 0861 266291 (fax 266328)  gcacciatore@unite.it
- Giuseppina Di Tommaso
  ☎️ +39 0861 266326 (fax 266328)  gditommaso@unite.it
- Fernando Di Nicola
  ☎️ +39 0861 266328  fdinicola@unite.it

Erasmus Coordinators
After registration the students are required to meet the Erasmus Faculty Coordinator to check their Learning Agreement with the up-to-date academic offer and the courses timetable. Coordinator’s office hours are available on the Faculty webpages. Any changes to the initially proposed Learning agreement must be verified and approved by the Erasmus Faculty coordinator. The filled in forms (downloadable from the LLP manager website) must be signed by the Erasmus Faculty Coordinator and the Erasmus Institutional Coordinator, and then they have to be brought to the Ufficio Relazioni Internazionali (International Relations office).

Faculty coordinators
- Faculty of Law: prof. Maria Cristina Giannini
  ☎️ +39 0861 266626 (fax 266619)  mcgiannini@unite.it
- Faculty of Political Sciences: prof. Francesca Rosati
  ☎️ +39 0861 266732  frosati@unite.it
- Faculty of Communication Sciences: prof. Lucia Esposito
  ☎️ +39 0861 266780  lesposito@unite.it
- Faculty of Veterinary Medicine: prof. Donato Traversa
  ☎️ +39 0861 266870  dtraversa@unite.it
- Faculty of Biosciences, Agro-food and Environmental Technologies: prof. Aldo Corsetti
  ☎️ +39 0861 266896  acorsetti@unite.it
**Student mobility and Exchange Programmes**

**Erasmus Student Network (ESN Teramo)**
It is run by students and offers help for any practical aspects concerning life in Teramo and to make their stay at the University of Teramo as fruitful and pleasant as possible.

**CONTACTS:**
Campus di Coste Sant’Agostino – 64100 Teramo  
📞 +39 0861 266404 - www.esnteramo.eu  
📧 esnerasmustameramo@gmail.com

**Language Centre (CLA)**
The University Language Centre, founded in December 1999 runs language courses by means of lessons and self study to be carried out in the multimedia linguistic lab. For Erasmus incoming students, the University Language Centre organizes Italian language courses free of charge. In order to sign up for the courses, incoming Erasmus students need to fill in an online application form available at the following address: http://www.unite.it/UniTE/Engine/RAServePG.php/P/32551UTE0300/M/25161UTE0310. Students who attend all the requested hours and pass the final test can obtain an attendance certificate with the ECTS credits achieved.

**CONTACTS:**
Centro Linguistico di Ateneo (CLA)  
Campus di Coste Sant’Agostino – 64100 Teramo  
📞 +39 0861 266084  
📧 cla@fondazioneuniversitaria.it

**A.D.S.U.**
A.D.S.U. is the regional authority in charge of services concerning university students’ right to study. It promotes the essential services aiming at easing access to university studies (meals, accommodation, transportation, cultural and recreational activities). Incoming students can obtain the same benefits as those granted to students enrolled in the University of Teramo by applying to A.D.S.U.

**CONTACTS:**
A.D.S.U. Teramo  
Via M. Delfico, 73 – 64100 Teramo  
📞 +39 0861 263111 - info@adsuteramo.it  
Website: http://www.adsuteramo.it  
**Opening hours:** Monday to Friday 9:00 – 12:00  
Tuesday and Thursday, also 15:30 – 16:30

**Information Office**
Campus di Coste Sant’Agostino - 64100 Teramo  
Opening hours: 9:00 – 13:00 / 15:00 – 19:00

**Orientation Office**
Campus di Coste Sant’Agostino - 64100 Teramo  
📞 +39 0861 266263 - orienta@unite.it  
**Opening hours:** Monday to Friday 9:00 – 13:00  
Tuesday and Thursday, also 15:00 – 17:00
Teramo is about 160 Km East of Rome and 60 km West of Pescara. The nearest airports are the international Leonardo da Vinci - Fiumicino (FCO) and Giovan Battista Pastine - Ciampino (CIA) situated in Rome, and the Abruzzo international airport (PSR) situated in Pescara. From Rome or Pescara Teramo can be easily reached by bus or car. Train service (www.trenitalia.it) from Pescara is also available.

By plane
From Fiumicino Airport: a local train (train direction Fara Sabina) leads to Stazione Tiburtina, where at the Bus Terminal you can find buses to Teramo. The trains leave from the Airport every 15 minutes from 5:57 to 23:27 (Monday-Saturday), and every 30 minutes from 5:57 to 23:27 (on Sundays & Holidays). The ticket cost is € 5,00 and the journey takes about 45 minutes.

From Stazione Tiburtina (Rome) a coach of the regional bus company ARPA will take you to Teramo. The bus ticket from Rome to Teramo must be purchased before you get on the bus, at the "Autolinee ARPA" ticket office (Bus timetable available at www.arpaonline.it), located in booth C of the Bus Terminal, in front of the railway station (ticket cost is about € 17). The trip takes about 2 hours and 40 minutes, but is strongly dependent on local traffic.
How to get to Teramo

From Ciampino Airport
A local bus brings to the Railway Station of Ciampino (the trip lasts about 8 min.), where you can take a train to Roma Termini (the trip lasts about 16 min), and then the subway (Metro B line) from Roma Termini, direction Rebibbia, to Tiburtina (trip: 5 min.), where buses to Teramo leave. Alternatively, you can take urban buses every 20 minutes to Anagnina terminal, then Metro A line up to Termini, where you can change to Metro B line. There are shuttle buses as well, that go directly to Termini metro station (Shuttle Bus timetable available at http://www.sitbushuttle.com, cost 4€), where you can take Metro B line to Tiburtina.

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From the Abruzzo International Airport - Pescara
Catch the local bus No. 38 (every 10 minutes, from 5:30 to 23:30; the journey takes about 15 minutes) from Pescara Airport Terminal to downtown Pescara (Piazza della Repubblica, where you can catch a train to Teramo). Bus No. 38 starts just in front of the arrival terminal of the airport and the ticket must be purchased before you get on, at the SAGA ticket office inside the airport. The train (www.trenitalia.it) ticket cost is about €4,50 and the trip to Teramo takes about 1 hour and 10 minutes. Teramo can also be reached by bus from Pescara via Giulianova (Bus timetable available at www.arpaonline.it).

By bus
Teramo is well connected to Rome Tiburtina by the Regional Bus Company ARPA (Autolinee Regionali Pubbliche Abruzzesi). The motorway route is direct and the trip length is about two hours and forty minutes.

From the terminal of Tiburtina Station in Rome (Metro B line), buses to Teramo can be direct (most of them) or via L’Aquila. You can find ticket booking schedules and routes at: www.arpaonline.it, or you can call the toll-free number 800 762 622. ARPA coach tickets must be purchased before you step into the bus, at the ARPA ticket office inside the BUS Terminal. Normally no tickets are sold on board.

The Bus Terminal of ARPA Lines is located into the Bus Station, outside the Tiburtina Railway Station. Teramo Bus Terminal is located in Piazza Garibaldi. You may eventually step down at the first bus stop in Teramo at Piazza San Francesco.
How to get to Teramo

By car
From Rome
Take the Toll Highway A24 (direction L'Aquila, Teramo) and take the Teramo Ovest exit (approx. 160 km).

From Pescara
Take the Toll Highway A14 (direction Bologna) and take the Giulianova/Teramo/Mosciano Sant’Angelo exit (approx. 60 km).

You can choose the best way to reach Teramo by car by connecting to the different route planner services, as those offered by Viamichelin (http://www.viamichelin.com) and Virgilio-Mappe (http://mappe.virgilio.it). Before the departure you can also verify the traffic conditions and many other useful information for your journey on www.autostrade.it.

Teramo Buses
Bus services in Teramo are run by Staur. For information on the bus routes and timetables, visit Staur website www.staur.it.

Where to sleep
In order to find accommodation for long stays, please contact the Erasmus student association.

Associazione Studenti Erasmus Teramo - ESNTERAMO
Faculty of Law – Campus Coste Sant’Agostino
Campus di Coste Sant’Agostino – 64100 Teramo
☎ +39 0861 266404 (fax 266619)
✉ esnerasmusteramo@gmail.com
www.esnteramo.eu

Students coming to Teramo could look for a room in the private market. We also suggest that you to look at the flat-share notices on the boards around the Campus and in your receiving Faculty, or in the local newspapers.

For further information, you could also contact:

A.D.S.U. Teramo
Azienda per il Diritto agli Studi Universitari
Via M. Delfico, 73 – 64100 Teramo
☎ +39 0861 26311
✉ info@adsuteramo.it - sportellostudenti@adsuteramo.it
Website: http://www.adsuteramo.it
Sporting Facilities

University Sports Centre (C.U.S.)
The CUS Teramo is the structure who manage the sport system, the sport activities and offers sport services to the students of the University of Teramo. The CUS Teramo organizes directly promotional activities and manifestations. The promotional activity is directly organized or through conventions with the most popular gyms of the province of Teramo. Every academic year the CUS organized interfaculty tournaments, in individual sports or in square sports. At agonistic level, the CUS Teramo participates at National University Tournament, obtaining great results. Multiple are the activities to favour of the disabled people, not only students, also for manifestations not strictly sporting.

Contacts: Campus di Coste Sant’Agostino – 64100 Teramo
Faculty of Law
+39 0861 266793 (fax 251819)
custeramo@tin.it

Opening hours
Monday to Friday: 10:00 – 13:00; and 15:00 – 17:00.

Gyms
Albatros Club Viale G. Bovio 52/R – +39 0861 244633
Area Fitness Via Alberto Pepe 12 – +39 0861 212410
Palestra Di Mattia via A. Tripoti – +39 0861 410205
Energy New Vico del Nardo – +39 0861 241863
Interamnia Via Ponte San Giovanni – +39 0861 240103
Life Club Viale Bovio 114 – +39 0861 2413790

Life in Teramo

Hotels
For a list of the hotels in Teramo, visit
• http://turismo.provincia.teramo.it/dove-dormire/strutture-ricettive
• http://www.teramoculturale.it/index.php?id=7&item_29=0.

Where to eat
University Canteen
Erasmus students are requested to apply to A.D.S.U. to have free access to the University canteen.

Teramo
• Mensa universitaria centrale - Campus di Coste Sant’Agostino (for all students)
• Imperial - Viale Crispi (lunch only, and available only to students of the Faculty of Veterinary Medicine)
• Terra del Gusto - Viale Crispi 152/156 (lunch only, and available only to students of the Faculty of Veterinary Medicine)

Mosciano Sant’Angelo
• Mensa universitaria - Via Carlo Lerici 1
  Faculty of Biosciences, Agro-food and Environmental Technologies

For a list of the restaurants, pizzerie and pubs in Teramo, please visit the website http://www.teramoculturale.it

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Life Club Viale Bovio 114 – +39 0861 2413790

Life in Teramo
Useful info

Emergency Phone Numbers
• Carabinieri .......... 112
• Police .................. 113
• Firemen ............... 115
• Financial Police ...... 117
• First Aid ............... 118

Hospitals
website: www.aslteramo.it
• Teramo
  Piazza Italia ☏ +39 0861 4291
  Emergency medical service ☏ +39 0861 429277
• Giulianova
  Via Gramsci ☏ +39 085 80201
  Emergency medical service ☏ +39 085 8020362
• Atri
  Viale Risorgimento ☏ +39 085 87071
  Emergency medical service ☏ +39 085 8707252
• Sant’Omero
  Contrada alla Salara ☏ +39 0861 8881
  Emergency medical service ☏ +39 0861 888208

Life in Teramo

Man and Woman Via Barnabei 18 – ☏ +39 0861 248232
New Olimpia Via Badia 30 – ☏ +39 0861 411929
Wellness Via del Tiro a Segno 1 – ☏ +39 0861 212425
Shihan (Arti marziali) Via Cipolloni 46 – ☏ +39 0861 246534

Bookshops
Cattolica Via Verdura 4 – ☏ +39 0861 241999
Empatia Cyber Caffè Via Milli 4 – ☏ +39 0861 249055
La Nuova Editrice Corso San Giorgio – ☏ +39 0861 244383
La Sapienza Corso San Giorgio 128 – ☏ +39 0861 243602
La Scolastica Corso San Giorgio 39 – ☏ +39 0861 246231
Libreria dell’Università Viale Crucoli 125 – ☏ +39 0861 244858

Cost of living: some examples
Accommodation: ......... single room: € 150/200 approx.
                      double room: € 130/170 approx.
Bus Fare .............. € 1.30
Coffee (a cup) ........ € 0.90 approx.
Cinema ticket ...... € 6.00/8.00
Bread (1Kg) ........... € 2.50
Milk (1 Lt) .......... € 1.20 approx.
Pasta (500 gr) ....... € 0.60 approx.
Fruit (1 Kg) .......... € 1.00/3.00 approx.
Pizza and beer (for one) .... € 10.00 approx.
Stamp .................. from € 0.60
                      depending on weight and destination
Cigarettes .......... € 4.00/5.00
Going to the disco ...... € 10.00/15.00
Municipality
Piazza Orsini ☏ +39 0861 3241
website: www.comune.teramo.it

Tourism
• Abruzzo Promozione Turismo (touristic promotion)
  Via Oberdan 16 ☏ +39 0861 244222
• Provincial Tourist Office
  Via Carducci 11 ☏ +39 0861 331336
• Youth Information Office
  Via Carducci 15/17 ☏ +39 0861 331280

Chemists
• Cerasani Piazza Martiri della Libertà 34 ☏ +39 0861 248826
• Core Via Primo Riccitelli 57 ☏ +39 0861 244853
• Del Corso Corso San Giorgio 81 ☏ +39 0861 244272
• Delle Grazie Via Noè Lucidi 3/5 ☏ +39 0861 246950
• Di Giacinto Viale Crucoli 129 ☏ +39 0861 247604
• Di Pierro Via De Gasper 92 ☏ +39 0861 411960
• D’Onofrio Via Nazionale 43 Piano della Lente ☏ +39 0861 286666
• Guerrieri Crocetti Piazza Orsini 14 ☏ +39 0861 244233
• Iannetti Caccia Viale F. Crispi 137 ☏ +39 0861 411300
• Lucangeli Piazza G. Verdi 18 ☏ +39 0861 244332
• Pezzella Via Po 78 ☏ +39 0861 410615
• Spatocco Via Nazionale 55 S. Nicolò A Tordino ☏ +39 0861 58134

Post Offices
website: www.posteitaliane.it
Toll free number: 803160
• Via Carlo Fori 47 ☏ +39 0861 2651
• Viale Crucoli 69 ☏ +39 0861 25791
• Via Noè Lucidi ☏ +39 0861 242248
• Via Pannella 43/45 ☏ +39 0861 23981
• Via Cona 102 ☏ +39 0861 240235

Government Territorial Office
Corso San Giorgio ☏ +39 0861 2591

Police Station
Viale Bovio ☏ +39 0861 242721